Taste And See

(A 31 – Day Experiment)

“Taste and see that the Lord is good.” - Psalm 34:8

“Be still and know that I am God.” - Psalm 46:10

“Seek ye first the kingdom of God and His righteous and all these things shall be added to you.” – Matthew 6:33

 This experiment is designed to build a habit into your life that will greatly enhance and develop your walk with God. As a Christian, you will need to seek God first every day of your life. By doing this, you will:

1. Develop a close personal relationship with God.
2. Train your mind to think thoughts of God and His ways.
3. Allow God to teach you about Himself and yourself.
4. Allow God to lead you through each day of your life.
5. Discipline yourself to grow consistently into the full maturity God has for you.

The best investment you could ever make with the most profitable returns will be the time you take each day to be alone and communicate with God. This time each day will not only give you a heavenly outlook on each day, but on your entire life and those people and circumstances around you.

We each need to work at having a consistent time alone with God each day. It will not just happen. We must set the priority and let everything else revolve around that time with God. Satan tries to paralyze Christians by tempting them to make some “good” excuses for not communicating with God. Let’s decide today and now to build this habit into our lives and to protect it, for herein lies the secret to our daily walk with God.

 A guide for this 31 day experiment is on the other side of this handout. Let’s challenge ourselves to spend consistent time with God each and every day. Let’s pray that God will draw us close to Himself as we draw close to Him (See James 4:8). Hopefully this experiment will help you do just that.

**GUIDE FOR EACH DAY:**

1. Write in a notebook: Day \_\_\_\_\_\_ Date\_\_\_\_\_\_ Scripture\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Main Thought - Read the passage for the day
* Pray for insight as you meditate on what the passage says.
* In one sentence, write out the main thought of the passage.
1. Application – Write out how this Scripture applies to your life.
2. Prayer – Pray that during the day, through the power of the Holy Spirit, God will teach you how to apply these principles from God’s Word to your life.

**DAY and READING**

1. Habakkuk 3: 17-19 17. Hebrews 12:1:-3
2. Isaiah 40:28-31 18. John 14:12-15
3. Joshua 1:8-9 19. Jeremiah 1:4-8
4. Romans 12:1-2 20. Acts 4:24-31
5. Psalm 119:9-11 21. Philippians 3:7-11
6. Matthew 7:24-27 22. Matthew 6:31-33
7. Ephesians 5:3-5 23. Proverbs 3:5-7
8. Hebrews 11:24-26 24. 2 Peter 1:4-8
9. Psalm 63:6-8 25. 2 Corinthians 12:8-10
10. Nehemiah 9:5-6 26. 1 Thessalonians 4:1-8
11. Colossians 1:9-13 27. Romans 12:9-14
12. Psalm 37:3-5 28. Titus 2:11-14
13. 2 Corinthians 5:14-17 29. Ephesians 6:13-20
14. James 1:2-8 30. 1 Samuel 15:22-23
15. Philippians 4:6-7 31. 1 John 2:11-17
16. 2 Timothy 2:1-4